



HUMAN 2.0: HORMONES UNDER ATTACK!

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OUR HEALTH OUR FUTURE



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8th INTERNATIONAL
CONFERENCE

03/10/2026



Info & Tickets

info@artglobal.com

ROME/ITALY

TH Roma
Carpegna Palace Hotel

Via Aurelia, 48



An event by A.R.T. Global & Klinghardt Institute



A.R.T. Global & Klinghardt Institute

We are thrilled to invite you to the 8th International Conference **Our Health Our Future**.

This year, we will explore the central role hormones play in our health and the delicate balance that regulates them.

Together with doctors, researchers, and international experts, we will examine how the environment, nutrition, lifestyle, and new technologies can interact with our bodies and influence our well-being.

Prof. Giovanni Frajese

Rob Verkerk PhD

Prof. Angus Dalglish

Dr. h.c. Daniela Deiosso, MSc, PhD

Dr. Nicola Antonucci

Fausto Carotenuto

Dr. Dietrich Klinghardt

Dr. Sarah Myhill

Aylin Ozdemir

SPEAKERS



OUR HEALTH OUR FUTURE
OVERVIEW / ROME - 2026

OUR HEALTH OUR FUTURE OVERVIEW / ROME - 2026

Key Topics include

An increasingly sterile, obese and sick planet.

Italy is no exception and in 2025 recorded the lowest number of newborns in its history. For many scientists the cause lies in the hormonal system, under attack on multiple fronts. But solutions exist.

Declining Fertility and Birth Rates

In 2025, around 355,000 babies were born in Italy, the lowest number ever recorded, with the fertility rate falling to 1.14 children per woman. This trend extends far beyond Italy: in many parts of the world, fertility rates are now below the population replacement level.

Reproductive Health: A Signal We Cannot Ignore

Alongside declining birth rates, a broader issue is emerging: changes in reproductive health. Over the past forty years, average sperm concentration in the male populations studied has more than halved, and according to the WHO, around 1 in 6 people experience infertility during their lifetime.

Hormones, Metabolism and Lifestyle

Global obesity has more than doubled since 1990 and is associated with metabolic and hormonal changes involving insulin, testosterone and oestrogen. Diet, physical inactivity, stress and other lifestyle factors all play a role in the complex balance of hormonal health.

Endocrine Disruptors and the Environment

Bisphenols, phthalates, PFAS and other substances found in our environment are increasingly being studied for their ability to interfere with normal hormonal signalling. Exposure to endocrine-disrupting chemicals raises important questions about their potential effects on health throughout different stages of life.

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Program

Hormones and the Environment We Live In

Rob Verkerk, PhD ⌚ 9:30 am

Founder of the Alliance for Natural Health International, Robert Verkerk is an internationally recognised multi-disciplinary scientist with over 40 years experience in health, agriculture and environmental sustainability. He is the author of 60+ scientific papers.

Trauma, Toxins and Infections Impacting Neuropsychiatric, Endocrine and Cognitive Function: Understanding Microglial Re-activation

Aylin Ozdemir ⌚ 10:10 am

Pediatrician specializing in Integrative and Precision Medicine. A Fellow of the American Academy of Pediatrics, her clinical practice is based on a personalized, multidisciplinary approach integrating conventional medicine, nutrition, genetics, and environmental factors.

The overwhelming interference of the SARS-2 spike protein coupled with mRNA technology on the human genome and normal function.

Prof. Angus Dalgleish ⌚ 10:30 am

Emeritus Professor of Oncology at St George's, University of London and Director of the ICVI. He discovered the CD4 receptor for HIV, pioneered treatments for HIV and cancer. Joshua Lederberg Prize in 2011.

The World of Endocrinology: Understanding the Hormonal System

Prof. Giovanni Frajese ⌚ 11:40 am

Professor of Endocrinology and Advanced Medical and Surgical Technical Sciences at the University of Rome Foro Italico. His research focuses on neuroendocrine interactions he is recognised for integrating traditional and innovative approaches to health.

Break

Coffee break ⌚ 11:20 am | Lunch ⌚ 1:30 pm | Tea break ⌚ 4.20 pm

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The Nose–Brain Connection in Neuroinflammation and Hormonal Dysregulation in Autism, PANS, and PANDAS: A Novel Therapeutic Approach

Dr. Nicola Antonucci ⌚ 12:30 pm

Director of the Biomedical Center for Autism Research and Treatment in Bari, Italy, Nicola Antonucci integrates biomedical approaches to support children with neurodevelopmental disorders. He is recipient of multiple research grants for autism.

Supporting Hormones from “Higher Up”

Fausto Carotenuto (Remote) ⌚ 2:30 pm

Scholar, writer and communicator on spiritual topics, with direct experience in institutional and international settings. Founder of the Coscienze in Rete movement and of the Academy of Spiritual Studies, he proposes an integrated vision between the inner dimension, the human condition and health.

Pituitary Involvement Due to COVID-19 and the Dysregulation of Our Hormones

Dr. Dietrich Klinghardt, PhD ⌚ 3:30 pm

Pioneer of biological and environmental medicine worldwide, founder of the Sophia Health Institute (USA) and the Institute of Neurobiology. He developed the Autonomic Response Testing® (A.R.T.) method and has dedicated over forty years to the study and treatment of chronic diseases, environmental toxicities and neurodevelopmental disorders.

Hormones Under Attack: An Underactive Thyroid

Dr. Sarah Myhill, MB, BS ⌚ 4:45 am

Physician specialised in ecological and mitochondrial medicine, author of numerous books and scientific studies on chronic fatigue (CFS/ME), cellular energy dysfunctions and the ecological approach to chronic diseases.

Q&A Panel ⌚ 5:35 pm

Final thoughts and wrap up

Rob Verkerk PhD & Dr. h.c. Daniela Deiosso, MSc, PhD
A.R.T. Demonstration with Dr. Klinghardt and Daniela Deiosso

⌚ 6:00 pm

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Partners for Health

We are excited to introduce the partners who will enrich the "Our Health Our Future" event with their stands. They are not just exhibitors, but carefully selected organizations, chosen with deep commitment and in full harmony with the mission and philosophy that guide A.R.T. Global and the Klinghardt Institute.



Where...

The conference will take place at TH Roma Carpegna Palace Hotel

Rome/Italy - Via Aurelia, 48



Cornelia Metro Station – Line A
5 MINUTE
on foot



From Termini take Metro Line A towards Battistini and get off at Cornelia. From there, the hotel is just few minutes walk away.

25 MINUTES



Roma Fiumicino Airport
30 MINUTES
by car



parking

hotels

restaurants

metro station
Linea A



Curriculum & Synopsis